

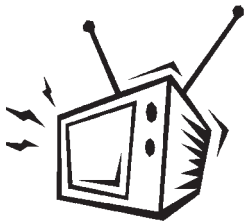
# Talking Tips

Talking with people who have had a stroke or other brain injury\* does not have to be uncomfortable. Here are some tips:



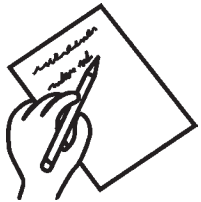
## Slow and Relaxed

Give the person extra time to get his message out and to understand your message. Resist the urge to fill in words for the person, unless you are asked to do so.



## Quiet

Reduce distractions and noise like the TV or radio. Talking in large groups can be difficult, you may want to move away from a noisy group to talk. Don't shout, it will not help!



## Options

Accept different forms of communication, like writing, drawing, and gestures. Help the person get the message out in any way possible.



## Build Communication

Double-check that you understand each other. Don't pretend to understand when you haven't. Work together to make communication happen.

*\*The language impairment that can result from a stroke or other brain injury is called aphasia. Aphasia can affect speaking, understanding, reading and writing. Intelligence remains intact.*

For more information call **Neighborhood CHAT: 413-5684**

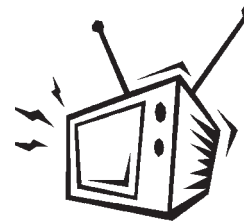
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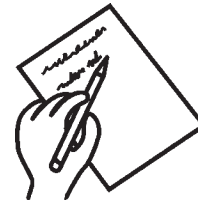
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