

## Frequently Asked Questions Regarding Child Seat Program Changes in the Edmonton Area

**Q: Where can I get information about the installation and use of my child safety seat?**

**A:** Always read the instruction manual for your Child Seat, and the Vehicle Owner's Manual under the section called "Child Restraint Systems".

Go to [www.capitalhealth.ca/kidsafe](http://www.capitalhealth.ca/kidsafe) and click on "Child Safety Seats & Baby Equipment", then "Child Safety Seats-What You Should Know" and then "Take The Yes Test". The tests are available for rear-facing, forward-facing, and booster seats. These self-check lists will help ensure correct use.

Visit [www.safekidscanada.ca](http://www.safekidscanada.ca) or call 1 888 723-3847 and order the free DVD "Kids that Click". This demonstrates correct use of a seat.

If you still have specific questions call Health Link Alberta or your local Health Centre and speak to a community health nurse.

**Q: Where can I find reliable information about Child Safety Seats on the internet?**

**A:** [www.capitalhealth.ca/kidsafe](http://www.capitalhealth.ca/kidsafe)  
[www.albertaseatbelts.ca](http://www.albertaseatbelts.ca)  
[www.saferoads.com](http://www.saferoads.com)  
[www.safekidscanada.ca](http://www.safekidscanada.ca)  
[www.albertahealthservices.ca](http://www.albertahealthservices.ca) (under Kidsafe)

**Q: Why is Alberta Health Services Edmonton making these changes to car seat inspections?**

**A:** Alberta Health Services is focusing car seat inspection clinic resources in areas found to have significant installation errors. There are several reasons for this decision:

- 90% of people attending public clinics are installing and using their child car seats correctly or requiring only minor adjustments
- people making significant errors don't usually come to public clinics
- engineering changes in vehicles and seats have made them easier to use correctly

**Q: I have followed all the directions, but how can I be sure my seat is still safe?**

**A:** There are a number of sources in the community where you can go for more information or inspections.

Please call your local Health Centre for a listing of private certified technicians offering full inspections for a fee.

If you have other specific questions you can call your local Health Centre. Staff may be able to answer your questions over the phone, if not they will refer you to a Certified Children's Restraint Technician who work in every Health Centre and are trained specialists. They can answer most questions over the phone, if not they may be able to offer an appointment to check the child car seat installation.

**Fire Stations do NOT provide child car seat inspections. Fire Fighters are NOT trained to provide seat checks. Please do not drop-in to Fire Stations for this service.**